

## A'maze'ing Acres Example Fieldtrip Itineraries

Below are two example itineraries. Of course your actual itinerary may differ slightly depending on the number of students, your scheduling needs and the season you visit! Again, these are just examples to show what kinds of activities A'maze'ing Acres offers and we encourage you to develop your own. Please call and discuss your objectives with us and we'll gladly help you provide your class with a rich experience.

## **Itinerary A**

10:00am	Students arrive and unload from the bus
10:15am – 10:30am	Native American Medicine Wheel
	Students learn the rules of A'maze'ing Acres and prepare for the forest
10:30am – 12:00pm	Finger Lakes National Forest
	Walk to one of the trails to explore nature and wildlife in the forest
12:00pm – 12:30pm	Hammock grove lunch
	Lunch in the shade of the hammock grove
12:30pm – 2:00pm	Hedge maze and Labyrinth
	Divide into smaller groups (if necessary) to explore the hedge maze,
	navigate the Labyrinth, and free play with a variety of yard games
2:00pm	Load bus and depart

## **Itinerary B**

10:00am	Students arrive and unload from the bus
10:15am – 10:30am	Native American Medicine Wheel
	Students learn the rules of A'maze'ing Acres and prepare for the forest
10:30am – 12:00pm	Finger Lakes National Forest
	Walk to one of the trails to explore nature and wildlife in the forest
12:00pm – 12:30pm	Hammock grove lunch
	Lunch in the shade of the hammock grove
12:30pm – 1:30pm	Hedge maze and Labyrinth
	Divide into smaller groups (if necessary) to explore the hedge maze,
	navigate the Labyrinth, and free play with a variety of yard games
1:30pm – 2:00pm	Group yoga
	Child or teen group yoga to calm the mind for the bus ride home
2:00pm	Load bus and depart